

25 Years of Excellence
Family Owned and Operated



New York to the Hamptons
631.388.1862

Milk & Honey

Specialty Frozen Desserts

School Program 2012 - 2013

Nutritional Information

All Items Meet the "NY Choose Sensible Requirements"

Item	Size	total fat g	saturated fat g	sugar g	sodium mg	calories	fat calories	carbohydrates
Van / Chocolate Dixie Cup	3	2.5	1	10	40	75	23	14
Vanilla Dixie Cup	3	2.5	1	10	40	75	23	14
Fudge Bar	3	0.5	0	7	75	80	5	19
Orange Cream Bar	3	1	1	14	40	90	10	18
Push Up Orange	2.75	0.5	0	9	20	60	5	15
Push Up Rainbow	2.75	0.5	0	9	20	60	5	15
Sandwich	3	4	1.5	15	150	160	35	28
Chocolate Éclair	3	3.5	1	15	60	140	40	22
Strawberry Shortcake	3	3.5	1	15	45	130	30	18
Cookie-n-Cream Cone	3	3.5	1.5	15	105	170	30	31
Vanilla Cone	3	3.4	1.5	10	40	148	30	14
Chocolate Cone	3	3.4	1.5	10	40	148	30	14